

WELCOME TO THE PRESBYTERIAN CHURCH OF CHESTNUT HILL!

**PLEASE SILENCE ALL ELECTRONIC DEVICES
BEFORE THE BEGINNING OF WORSHIP.**

Resources for those with special needs are available. Speak with an usher for assistance.

If you are a visitor and would like to meet the ministers, take a tour of the church, ask some questions, or go to coffee hour, please speak with an usher.

If you need a ride to church, please call the church office at 215-247-8855.

If you need pastoral care, please speak with one of the ministers or call the church office.

If you need child care, a nursery for infants and children through age 2 is available before worship in the Strouse building; children age 3 and older should accompany parents to worship and join in the Children’s Moment, after which they will be dismissed for the Church School Gathering. Bags with coloring pages and crayons are available in the narthex; please return the bags after the service.

In case of an emergency, there are three exit doors behind you in the narthex. If you are sitting near the front of the sanctuary, use the door near the lectern.

In case of a medical need, please alert an usher – first aid supplies and a wheelchair are available.



BIBLE, MUSIC, AND ART CAMP
MONDAY, AUGUST 22 THROUGH FRIDAY, AUGUST 26
 10:00 am – 2:00 pm
 Chapel and Strouse Building

Mark your calendar for Bible, Music, and Art Camp August 22-26, 10 am - 2 pm! The theme of God's Creativity will come to life through art projects, murals, music (led by our own Julie Bishop!) and more. Lunch and snacks will be provided. Camp is open to children age 3 through 8th grade. Older youth and adults are encouraged to volunteer to shepherd younger children and/or to serve lunch. The sign-up sheet for volunteers is on the bulletin board outside the main church office.

Please pre-register the children in your life (your children, grandchildren, nieces, nephews, neighbors, and friends!) by signing up on the bulletin board outside the main church office or by emailing Evelyn Carpenter at ecarpenter@chestnuthillpres.org with "BMA Camp 2016" in the subject line. Please include the full name, age, and last year's grade in school for each child. A \$20 registration fee will help to defray the cost of supplies for each child. Scholarships are available--please ask Austin, and your request will be held in confidence.



CHURCH OFFICE SUMMER HOURS
 Monday – Thursday – 9:00 am – 4:00 pm
 Friday – 9:00 am – 2:00 pm

Narthex News

July 31, 2016

CHURCH SCHOOL AT A GLANCE

7/31/2016	Room	Teacher	Topic
Birth - 2 Year Olds	Room 101	Ms. James and Ms. Debbie	God’s Care
Pre-K (3-4 Year Olds)	Room 211	Julie and Steve Bishop	Godly Play
Kindergarten-Grade 5	Room 205	Allison DeCaro and Jeannette Quirus	Rich Toward God
Grade 6-8 (Jr. High)	STAY	IN	WORSHIP

HOW YOU CAN HELP

GERMANTOWN AVENUE CRISIS MINISTRY: Next collection date is Sunday, August 7.

GACM provides food, fuel, clothing, housing and other emergency assistance to those who live in the Northwest section of Philadelphia. We collect food and cash donation for the GACM Food Cupboard on the first Sunday of every month. Please help with your donations of: canned tuna, chicken and meats; rice, pasta, and potato products (not in glass jars); peanut butter; canned vegetables; powdered milk; hearty soups and stews; and hot cereals.

INSPIRE LEARNING: PIHN PRESCHOOL BACKPACK PROJECT

Seize on this opportunity to spark a love of learning in children! Our mission partner Philadelphia Interfaith Hospitality Network - Northwest (PIHN) counts on our congregation to provide back-to-school supplies and backpacks each summer for at least 30 preschool children who are experiencing homelessness or who are formerly homeless. What's needed are preschool kids' character backpacks (smaller than standard size - Target always has a good selection and deals) filled with age-appropriate safety scissors, crayons, washable markers, kid safe glue, construction paper, coloring paper, chalk, stickers, etc. Whatever would make the littlest ones smile and excited about the start of their preschool year, while their parents save their money for even more basic needs. Please drop off filled backpacks in the church office or place them in the far corner of the Reception Room no later than Sunday, August 14th. The kids will receive the backpacks at PIHN's Back to School Night and BBQ a few days later. We are invited to see the wide smiles in person that night - contact Emily Camp-Landis (camplandis120@yahoo.com) for the date/time/location if you'd like to attend. If you have any questions, please contact Emily or call the church office (215-247-8855). Thank you for your help with this fun and important outreach project!

THE CHURCH GATHERED

SYRIAN STUDENT PROJECT – WELCOMING SAMRA

Potluck Dinner, Sunday, August 14, 6:00 p.m., Widener Hall

Story after tragic story of the current refugee crisis has tugged at our hearts, but now we are being graced with the opportunity to offer some assistance! Earlier this year through her extensive network of helpful people, Cindy identified Our Mother of Consolation's **Syrian Student Project** as an organization by which PCCH might begin to give relief to people displaced by the Syrian Civil War. Now, PCCH and over a dozen northwest Philadelphia faith groups have joined hands with OMC to welcome and support **Samra**, a young Syrian woman who will move this summer to the US as an international student.

After physical safety, education is a high priority for Syrian families, who worry that Syria may experience a "lost generation." They fear that today's displaced children will not receive adequate schooling, and that higher education may remain only a dream for the country's youth.

Samra's dream has been to study business administration and open a travel agency. Ideally she would have finished university in Syria, but war made her daily commute "dangerous and almost impossible." Caring and gregarious, Samra is a talented student of great promise, but as she fled first to Lebanon and later to Turkey, because of her limited legal status and scant income, university study remained impossible. That's where the Syrian Student Project comes in.

Undaunted, Samra applied and was accepted to the Business Administration program at LaSalle University, but in order to retain her visa, Samra must be able to show that her expenses are covered. So far, support for Samra has been generous. LaSalle has awarded her a partial tuition grant; a family in Mount Airy has volunteered to host her for her first year; and individuals associated with the Syrian Student Project have come up with a bike, a laptop, and other supplies. Samra is scheduled to arrive in August, and what she needs from us is funds to cover the rest of her tuition, fees, books, and everyday expenses. Donations may be given directly to the OMC Peace & Justice Committee, Syrian Student Fund.

But first we get to meet Samra! Please plan to come to a **Potluck Dinner at PCCH on Sunday, August 14 at 6 p.m.** Bring a covered dish and hear more about the Syrian Student Project. Meet some of the folks from the other participating groups, and best of all, welcome Samra.

JOIN THE LEGACY CIRCLE: REMEMBER THE CHURCH IN YOUR WILL



A will is the cornerstone of a well-organized estate plan. Remembering PCCH by making a charitable bequest is a wonderful opportunity to give witness to your faith and values planting the seeds for future generations of PCCH members. "Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received."

1 Peter 4:10

CENTER ON THE HILL ... *the place for active adults*

To register for these programs, unless otherwise indicated, please call Leslie Lefer at 215-247-4654 or email llefer@chestnuthillpres.org

Complete calendar of Center events is available at www.chestnuthillpres.org.

AFTERNOON MOVIE

Tuesday, August 2, 1:30 p.m. \$1 (includes popcorn)

Are you looking for an enjoyable activity that's economical and during the daytime so you don't have to drive at night? Are you looking to see a movie in an intimate setting with easy parking and no long lines? Then join us for an enjoyable afternoon at the movies.

Showing: "**Ladies in Lavender**" (2004)

Aging spinster sisters Ursula (Judi Dench) and Janet (Maggie Smith) discover a young man (Daniel Brühl) near death on the beach by their home in a small Cornish fishing village. Taking him in, they discover that he is Andrea, a violinist from Krakow, Poland, who had been swept off an ocean liner on which he was sailing to a fresh start in America. Although Ursula feels an unfamiliar spark of infatuation for the handsome young musician, propriety suggests the attraction must remain unspoken.

WEDNESDAY DIABETES WORKSHOP

*August 3, 10, 17**, 12:00 noon-2:00 p.m.*

Free if you attend all sessions OR \$5 for the cooking workshop alone, which is the last session of each series. For information, call Susan Pierce, 215-248- 8479.

You can live well with diabetes, pre-diabetes or gestational diabetes. Chestnut Hill Hospital’s certified diabetes educator Susan Pierce, MPT, CDE, will help you understand managing diabetes to stay healthy. All are welcome to take part in this series of four small-group workshops, where participants receive personalized attention and learn what it takes to maintain a healthy lifestyle. Participants can sign up for one or all four workshops, or just attend the cooking workshop.

Session 1: What, When and How Much to Eat: Developing food awareness.

Session 2: It’s Not Just about Food: The impact of activity, options in medications, understanding blood sugar results and how to avoid complications.

Session 3: Going for your Goal: Setting realistic goals and overcoming pitfalls.

Session 4: Healthy Cooking: Demonstration, tasting and tips.

**Some months, the third and fourth sessions are merged into one workshop.

LEVEL II SUPER BONES EXERCISE CLASS

Thursdays, 1:00 p.m.–2:00 p.m., start at any time, \$12 per class, or \$85 for eight classes, plus a one-time \$10 equipment fee. To register, call Joanne Fagerstrom, 267-432-1795.

This class is for those who are ready to challenge themselves further in their strengthening and balance work. Although this is the next step up from Super Bones Class, it is not necessary, depending on your conditioning, to have taken that class prior to starting Level II.

THIS WEEK AT PCCH

SUNDAY, JULY 31

9:00 am Soloist Rehearsal (Sanctuary)
10:00 am Worship (Sanctuary)
10:15 am Church School (Strouse)
11:15 am Fellowship (Widener/Front Lawn)

MONDAY, AUGUST 1

6:15 pm **YOUTH RETURN FROM WORK CAMP**
Yoga (Melcher)

WEDNESDAY, AUGUST 3

7:00 am Rotary (Widener Hall)
5:30 pm Special KSB Rehearsal (Sanctuary)
5:30 pm Super Bones Class (Harris)
6:45 pm Awareness through Movement Class (Harris)
8:00 pm Summit Group (Room 3&4)

FRIDAY, AUGUST 5

All Day Norwood Using Parking Lot
9:00 am Organ Practice (Sanctuary)
5:30 pm Keeler/Grandinetti Wedding Rehearsal (Sanctuary)

SATURDAY, AUGUST 6

4:00 pm Keeler/Grandinetti Wedding (Sanctuary)

NEXT WEEK AT PCCH

SUNDAY, AUGUST 7

9:00 am **LORD’S SUPPER**
10:00 am Soloist Rehearsal (Sanctuary)
10:15 am Worship (Sanctuary)
11:15 am Church School (Strouse)
Fellowship (Widener/Front Lawn)

THIS WEEK AT CENTER ON THE HILL ... *the place for active adults*

MONDAY, AUGUST 1

9:00 am	Super Bones Level II (Harris)
9:30 am	Sketching and Drawing (Room 1&2)
10:30 am	Awareness Through Movement (Room 3&4)
12:30 pm	Bridge Game (Room 5)
2:00 pm	Qigong (Room 3&4)
2:15 pm	Gentle Therapeutic Yoga (Harris)

TUESDAY, AUGUST 2

9:30 am	Watercolor Class (Room 1&2)
1:30 pm	Afternoon Movie " <i>Ladies in Lavender</i> " (Harris)

WEDNESDAY, AUGUST 3

11:30 am	Bridge Game (Room 1&2)
12:00 pm	Wednesday Diabetes Workshop (Room 5)
2:30 pm	Golden Yoga (Harris)

THURSDAY, AUGUST 4

9:00 am	PCCH Bridge Group (Room 1&2)
9:00 am	Qigong (Harris)
10:00 am	Bridge Game (Room 5)
10:30 am	Super Bones Class (Harris)
1:00 pm	Super Bones Level II (Room 3&4)
2:00 pm	Individual Medicare Counseling (Room 1&2)
5:45 pm	Soul Line Dancing (Room 3&4)

FRIDAY, AUGUST 5

9:30 am	Yoga with Attitude (Harris)
11:00 am	Mah Jongg Private Group (Room 1&2)
11:30 am	Yoga, A Chair and You (Harris)
1:00 pm	International Folk Dancing (Room 3&4)
1:30 pm	Mah Jongg Open Play (Room 5)
2:30 pm	Golden Yoga (Harris)