### WELCOME TO THE PRESBYTERIAN CHURCH OF CHESTNUT HILL!

# PLEASE SILENCE ALL ELECTRONIC DEVICES BEFORE THE BEGINNING OF WORSHIP.

Resources for those with special needs are available. Speak with an usher for assistance.

If you are a visitor and would like to meet the ministers, take a tour of the church, ask some questions, or go to coffee hour, please speak with an usher.

If you need a ride to church, please call the church office at 215-247-8855.

If you need pastoral care, please speak with one of the ministers or call the church office.

If you need child care, a nursery for infants and children through age 2 is available before worship in the Strouse building; children age 3 and older should accompany parents to worship and join in the Children's Moment, after which they will be dismissed for the Church School Gathering. Bags with coloring pages and crayons are available in the narthex; please return the bags after the service.

**In case of an emergency,** there are three exit doors behind you in the narthex. If you are sitting near the front of the sanctuary, use the door near the lectern.

In case of a medical need, please alert an usher – first aid supplies and a wheelchair are available.

## Narthex News

## **January 1, 2017**

CHURCH SCHOOL AT A GLANCE				
1/1/2017	Room	Teacher	Topic	
Birth - 2 Year Olds	Room 101	Ms. Debbie and Ms. James	God's Care	
Pre-K (3-4 Year Olds)	Room 211	Sharyn Walker	Godly Play	
Kindergarten-Grade 1	Room 205	Christen Webber	A Refugee Family	
Grade 2-3	Room 208	Barbara Olson	A Refugee Family	
Grade 4-5	Room 209	Shepherd to Lower Classes	A Refugee Family	
Grade 6-7	STAY	IN	Worship	

#### 2017 PLEDGE ENVELOPES FOR ADULTS AND CHILDREN

If you requested pledge envelopes for 2017, they are available for pick up today in the Narthex. Children's pledge envelopes are also available for pick-up.

If you would like a book of pledge envelopes and did not request them, please call the church office.

#### 2016 TAX REMINDER

To be able to deduct donations and pledge payments made to PCCH for 2016, funds must be dated December 31, 2016 and hand-delivered to the church office no later than Tuesday, January 3, 2017.

#### HOW YOU CAN HELP

#### CHRISTMAS GIVING TREE FOR YOUTH MISSION

The congregation has a unique opportunity to help support the Youth Mission Trip to Calgary, Alberta, Canada from July 23 to July 30, 2017. There are paper ornaments hanging on the Christmas tree next to the piano in Widener Hall. Each ornament will have a supply and cost. Members are encouraged to take an ornament off the tree, with the intent to then mail the ornament back to the church with a check for the respective supply and cost. (DO NOT purchase the actual item listed on the ornament!) Members can have a tangible investment in the trip; such that when they watch the forthcoming mission trip video, they will be able to visually see just where, and how far, their contributions went. Make the check payable to PCCH with 2017 Youth Mission Trip on the memo line. Address the envelope ATTN: Brian Russo.

#### 2017 MEMORIAL FLOWERS

Would you like to memorialize a loved one or give thanks to God as you celebrate a wedding anniversary or celebrate the birthday of your child or grandchild? Consider donating the flowers in the chancel on a Sunday morning. Available Sundays for 2017 are: March 19, May 5, and October 8, 2017. To sign up, please contact the church office at 215-247-8855.

#### **USHERS NEEDED**

Due to retirement of several of our faithful ushers we are now recruiting new ushers. Please contact Mike Baughman at <a href="mailto:baughmanm@pepperlaw.com">baughmanm@pepperlaw.com</a> or the church office if you are interested. It would be great if we could get some of our youth interested in this ministry. You will only serve one Sunday per month and it is a good opportunity to get to know the congregation. Please consider joining one of our teams.

## PRAYER GROUP

Did you know that this church has a group of 10 people who regularly pray for anyone they receive a request for? Requests are not only for church members but may be for anyone who is dealing with an illness or problem. You may call the church office, inform Cindy, or call or email

Dianne Greer (484-991-8342 or banddgreer@aol.com) with your request.

## THE CHURCH GATHERED

#### LENT 2017: PERSPECTIVES ON JESUS

"Who do you say that I am?" - Matthew 16:15

While we are currently observing the season of Christmas, just a few months ahead on the church calendar is Lent. This season, which runs from Ash Wednesday to the day before Easter, is a time for reflection, self-examination, prayer, and preparation. This year, we will be focusing on various perspectives on Jesus that we see through the eyes of other characters in the Biblical narrative. To help us continue these reflections throughout the season, the Adult Education Committee is planning to coordinate a Lenten devotional for the congregation to use. We need your help, though! We are looking for congregation members to contribute a brief reflection on a scripture passage to be used in the devotional. It could be a short poem in response, or a few sentences on what meaning you find in the text, a prayer, or even a piece of art that you create. The options are many, but you will be given a passage to help guide you. We will collect these and arrange them to be distributed to the congregation throughout the season of Lent. If you are interested in contributing but would like for your response to be anonymous when it is shared, just let us know. All ages are invited to participate as we hope to have a broad representation of our community. If you are interested in participating, please email Margaret Poteet at margaret.poteet@gmail.com to sign up. We will then get a scripture passage out to you. Reflections will need to be submitted by February 1 so that we can get things ready to go before Ash Wednesday, March 1. Thank you for your help with this opportunity to deepen our experience of Lent as a family of faith!

## WEST KENSINGTON MINISTRY

Due by Sunday, January 8, 2017, and place in the donation box in the Reception Room In partnership with Evolve Build, West Kensington Ministry will begin the process of lifting people out of poverty by teaching them valuable skills in trades such as wood-finishing, cabinet-making, and other forms of carpentry. Evolve Build and WKM share the same vision in serving our community and equipping people so as make an impact and change lives. Below you will find the tools that are needed to continue this initiative. Please contact Shelli Katrina if you have any questions, <a href="mailto:skatrina@comcast.net">skatrina@comcast.net</a>.

- Husky Knife Set (3 piece) \$9.88
- Milwaukee M18 18 Volt Lithium Ion Cordless Cut Out Tool Bare Tool
- Milwaukee 25 ft. Premium Magnetic Tape Measure \$24.97
- Milwaukee 10-in-1 Torx Key Screw Driver Set \$7.88
- Craftsman 921807 Table Saw \$237.49
- Incremental costs, miscellaneous (sand paper, finish/stain, brushes, trays, cleaning
- supplies.) \$150
- Wood/glue/screws, etc for starter cabinet set \$300

## OUR BROTHER'S PLACE/BETHESDA PROJECT

Due by Sunday, January 8, 2017, and place in the donation box near the piano in Widener Hall

Our Brother's Place provides crisis housing for single men in Philadelphia. Each month PCCH provides a Sloppy Joe meal to the gentlemen living there. During Advent, we are collecting donations of the following items to make their days a little bit easier. Any questions, please see Emily Camp-Landis during coffee hour today in Widener Hall

- \$5 gift cards to Dunkin' Donuts or WAWA
- \$20-\$25 gift cards to ACME, Macy's, CVS, Walgreens, RiteAid
- NEW (in package) men's underwear and undershirts (all sizes OK)
- NEW (in package) men's socks
- Unused toiletries shampoo, conditioner, deodorant, soap, lotion, toothpaste, toothbrushes, shaving cream, disposable razors

## SPEAKER SERIES ON THE HILL - Ray Didinger- A Review of the NFL Season

Thursday, January 12

Gather at noon on the second Thursdays of the month in Widener Hall. Bring your lunch and a friend. Presentation begins at 12:30 p.m. Dessert and coffee are provided. A \$5 donation is requested.

Mr. Didinger will talk about the NFL post-season and the upcoming Super Bowl. Ray Didinger is the author of eleven books on sports, including his three most recent bestsellers, The New Eagles Encyclopedia, One Last Read, and The Ultimate Book of Sports Movies. He wrote for the Philadelphia Bulletin and Philadelphia Daily News for more than 30 years and is a host on 94WIP all-sports talk radio in Philadelphia. He appears on Comcast SportsNet TV as the primary analyst on Eagles Pre-Game Live and Post-Game Live. Mr. Didinger also wrote his first play, Tommy and Me, which was performed at the Fringe Arts Theatre in August.

## CENTER ON THE HILL ... the place for active adults

To register for these programs, unless otherwise indicated, please call Leslie Lefer at 215-247-4654 or email <a href="mailto:llefer@chestnuthillpres.org">llefer@chestnuthillpres.org</a>

#### **ZUMBA GOLD**

Tuesdays, 1:30 pm – 2:15 pm, ongoing, \$24 for four sessions or \$8 per class

What's Zumba Gold? It takes the popular Latin-dance inspired workout of Zumba and makes it accessible for seniors, beginners or others needing modifications in their exercise routine. It's a low intensity & low impact cardio class. Fitness, dance moves and great music are added together for a fun-filled time. Don't be shy. It's not about perfection but working up a sweat as you keep it moving at your own space.

#### WEDNESDAY DIABETES WORKSHOP

January 4, 11, 18 and 25, 12:00 noon – 2:00 pm, \$5 for the cooking workshop, which is the last session of each series. All other sessions are free. For information, call Susan Pierce, 215-248-8479.

You can live well with diabetes, pre-diabetes or gestational diabetes. Chestnut Hill Hospital's certified diabetes educator Susan Pierce, MPT, CDE, will help you understand managing diabetes to stay healthy. All are welcome to take part in this series of four small-group workshops, where

participants receive personalized attention and learn what it takes to maintain a healthy lifestyle. Participants can sign up for one or all four workshops, or just attend the cooking workshop.

Session 1: What, When and How Much to Eat: Developing food awareness.

Session 2: It's Not Just about Food: The impact of activity, options in medications, understanding blood sugar results and how to avoid complications.

Session 3: Going for your Goal: Setting realistic goals and overcoming pitfalls.

Session 4: Healthy Cooking: Demonstration, tasting and tips.

### EXPERIENCING WRIST OR HAND PAIN?

Thursday, January 5, 12:30 pm – 1:30 pm, Free

Wrist and hand pain has many causes, including injury and disease. Fortunately, many of those causes can be treated and the symptoms eased. The hand and wrist have multiple small joints that work together to produce motion, including the fine motion needed to thread a needle or tie a shoelace. When joint movement causes pain, activities of daily living can be difficult. Tendonitis, arthritis, carpal tunnel syndrome and fractures are a few common causes of discomfort and we will discuss surgical and nonsurgical treatments for pain and give you some tips on how to keep your hands and wrists healthy. Bring your questions.

#### AFTERNOON MOVIE

Tuesday, January 10, 1:30 pm, \$1 (includes popcorn)

Are you looking for an enjoyable activity that's economical and during the daytime so you don't have to drive at night? Are you looking to see a movie in an intimate setting with easy parking and no long lines? Then join us for an enjoyable afternoon at the movies.

Showing "Silver Lining Playbook" After losing his job and wife, and spending time in a mental institution, Pat Solatano (Bradley Cooper) winds up living with his parents (Robert De Niro, Jacki Weaver). He wants to rebuild his life and reunite with his wife, but his parents would be happy if he just shared their obsession with the Philadelphia Eagles. Things get complicated when Pat meets Tiffany (Jennifer Lawrence), who offers to help him reconnect with his wife, if he will do something very important for her in exchange.

THIS	WEEK	AΤ	PC	CH

SUNDAY, JANUARY 1	LORD'S SUPPER
9:00 am	Quartet Rehearsal (Sanctuary)
10:00 am	Worship (Sanctuary)
10:15 am	Church School (Strouse)
11:15 am	Fellowship (Widener)

MONDAY, JANUARY 2 OFFICE CLOSED

**TUESDAY, JANUARY 3** 

7:30 pm Scouts District Meeting (Room 1&2)

WEDNESDAY, JANUARY 4

7:00 am	Rotary (Widener Hall)
11:00 am	Bible Study (Harris)
5:30 pm	Super Bones Class (Harris)
6:45 pm	Awareness Through Movement (Harris)
8:00 pm	Summit Group (Room 3&4)

**THURSDAY, JANUARY 5** 

Outdoor Gardeners (Widener)
Cub Scouts (Widener)
Boy Scouts (Widener)
Gallery Choir (Choir Room)

FRIDAY, JANUARY 6

9:00 am Organ Practice (Sanctuary)

**SATURDAY, JANUARY 7** 

9:00 am Set-up for Deacons Brunch (Widener)

## NEXT WEEK AT PCCH

SUNDAY, JANUARY 8	
9:00 am	Gallery Choir Rehearsal (Sanctuary)
10:00 am	Worship (Sanctuary)
10:15 am	Church School (Strouse)
11:00 am	Church School Sings
11:15 am	Deacons Brunch (Widener)

## THIS WEEK AT CENTER ON THE HILL

## **MONDAY, JANUARY 2**

## CENTER CLOSED

## **TUESDAY, JANUARY 3**

9:30 am Watercolor Class (Room 1&2)
11:00 am Gentle Therapeutic Yoga (Harris)
1:30 pm Zumba Gold (Room 3&4)

## **WEDNESDAY, JANUARY 4**

11:30 am Bridge Game (Room 1&2) 12:00 pm Wednesday Diabetes Workshop (Widener) 2:30 pm Golden Yoga (Harris)

## **THURSDAY, JANUARY 5**

PCCH Bridge Group (Room 1&2) 9:00 am 9:00 am Qigong Class (Harris) Super Bones Level II (Room 3&4) 9:00 am Bridge Game (Room 5) 10:00 am 10:30 am Super Bones Class (Harris) 12:30 pm Wrist or Hand Pain Discussion (Harris) 1:00 pm Super Bones Level II (Room 3&4) Individual Medicare Counselling (Room 1&2) 2:00 pm

## FRIDAY, JANUARY 6

9:30 am
Yoga with Attitude Class (Harris)
11:30 am
Yoga, A Chair and You (Harris)
1:00 pm
International Folk Dancing (Room 3&4)
1:00 pm
Mah Jongg Open Play (Room 5)
2:30 pm
Golden Yoga (Harris)

